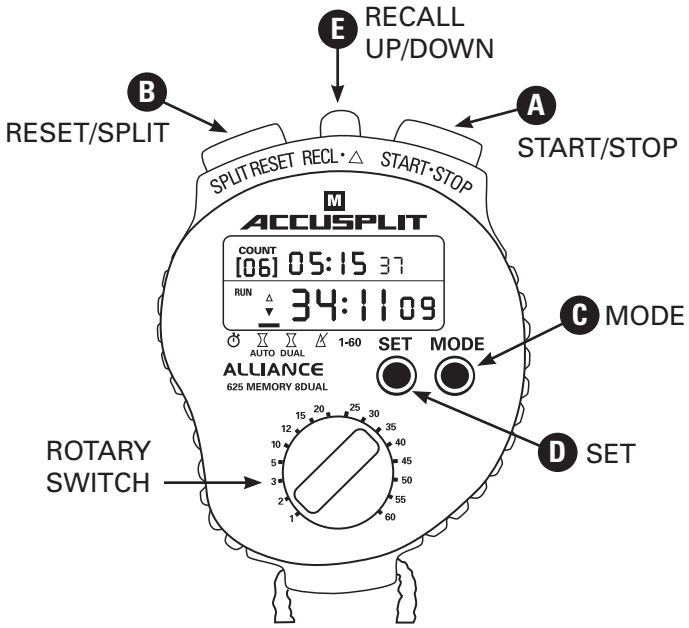
ACCUSPLIT®
ALLIANCE™ 625M8D

MULTIMODE TIMER/STOPWATCH

OPERATING INSTRUCTIONS



INTRODUCTION

This unit has five modes: Stopwatch, Auto Repeat Countdown Timer, Dual Display Countdown Timer, Pacer, and Preset Countdown Timer.
Press C (MODE) to change between modes. Note: Timing must be stopped and reset to zero to change modes.

MEMORY STOPWATCH

SPLIT TIMING

1. Press C to move the cursor to point to ⏱
2. Press A to start stopwatch
3. Press B repeatedly to remember the last 8 splits
   - Lower display shows cumulative split and upper display shows lap split
   - After 5 seconds, the unit will unlock splits to display current running split time
4. Press E to recall the last 8 splits
5. Press A to stop counting
6. Press B to reset to zero

START-STOP TIMING

1. Press C to move the cursor to point to ⏱
2. Press A to start counting
3. Press A repeatedly to remember the last 8 time-cuts
4. Press E to recall the last 8 times-outs
5. Press A to stop counting
6. Press B to reset to zero

AUTO REPEAT COUNTDOWN TIMER

1. Press C to move the cursor to point to ⧖ AUTO
2. Press D to enter set mode
   - Press B to set hours, E to set minutes, A to set seconds
   - Press A & B at the same time to reset digits to zero
3. Press A to start countdown timing
4. Press E to show the time from start (▲)
5. Press E again to return to countdown timing (▼)
6. Press A again to stop counting
7. Press B to return to the original setting
8. When time is up, the unit will beep once, then start counting again. The number of cycles completed is recorded in brackets in upper left of display.

DUAL DISPLAY COUNTDOWN TIMER

1. Press C to move the cursor to point to ⧖ DUAL
2. Press E to change the dual display timer mode (**SU** or **Id** or **UP**)
3. Press D to adjust the timer on the lower display
   Press D again to adjust the timer on the upper display
   - Press B to set hours, E to set minutes, A to set seconds
   - Press A & B at the same time to reset digits to zero
   - Press D again to complete the settings
4. **SU** - Two countdown timers work simultaneously
   - Press A to start
   - Press A to stop (STOP: flashes)
   - Press B to reset to the original settings

   Id - Two countdown timers work independently
   - Press A to start/stop lower display
   - Press B to start/stop upper display
   - Press A & B at the same time to reset to the original settings

   UP - Two count up timers work independently
   - Press A to start/stop lower display (STOP: flashes when stopped)
   - Press B to start/stop upper display (STOP: flashes when stopped)
   - Press A & B at the same time to reset to zero

PACER WITH COUNT UP TIMER

1. Press C to move the cursor to point to ⧖ PACE
2. Press D to adjust the frequency
   - Press A to increase the digits
   - Press B to decrease the digits
3. Press A to start pacer
4. Press A again to the stop
5. Press B to reset to zero
6. Press E to turn the pacer's beep ON or OFF and the symbol ((•)) will appear or disappear
7. Upper display shows count up timer

16 PRESET COUNTDOWN TIMER

1. Press C to move the cursor to point to (1-60)
2. Turn the rotary switch to the desired minutes (1-60)
3. Press A to start countdown timing
4. Press A again to stop countdown timing
5. Alarm Sounds
6. Press B to return to the original setting

To Show Count Up Timing

1. When the time is not up.
   a. Press E to check elapsed time (▲)
   b. Press E again to return to countdown (▼)
2. When the time is over,
   a. Press E to check the time from start (▲ flashes)
   b. Press E again to show overtime (▼ flashes)

Downloaded from www.Manualslib.com manuals search engine

ACCUSPLIT®
ALLIANCE™ 625M8D
MULTIMODE TIMER/STOPWATCH

FUNCTIONS AND FEATURES

PRESET INTERVAL COUNTDOWN TIMER (in seconds)
- Selectable preset timer intervals – 1, 2, 3, 5, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 55, and 60 minutes
- Selectable display of Count UP or Count DOWN
- 30 second warning beep
- 3 second start of 1 second warnings
- Alarm at zero for 5 seconds
- Then selectable display of total elapsed time or overtime

USER SELECTABLE AUTO REPEAT TIMER (1 second to 100 hours)
- Repeat timer
- Alarm at zero for each repeat
- 3 second warnings (if interval over 5 minutes)
- Selectable display of time remaining in an interval or cumulative elapsed time
- Repeat timer counter to 99

8 DUAL MEMORY STOPWATCH (1/100 second to 10 hours)
- Saves in memory the last 8 Dual Split (Lap and Cum) Splits
- Split Counter up to 99
- Memory Review during timing
- 5 second Automatic Split release and return to running display

DUAL TIMERS (1 second to 100 hours)
- 3 special timer modes
  —"SU" is Two Simultaneous Timers with one button Start/Stop
  —"ID" is Two Independent Timers with own Start/Stop button
  —"UP" is Two Independent Timers counting UP with own Start/Stop button
- Single interval timing
- Two-button Reset to return to pre-set interval and Two-button Reset to zero during setting of interval

PACER/RATE TIMER (beats per minute)
- Timer up to 100 hours by second
- Signal/Pace Counter up to 10,000
- Selectable Pace/Rate frequency from 10 to 240 by 10
- Selectable ON or OFF Pace/Rate beep

BATTERY (see back of timer)
- CR 2032 3V lithium battery Panasonic or equivalent
- Not water-resistant

REGISTER NOW Please return your AL625M8D Registration to the Repair Center address in the warranty, and we will let you know about future products.

Email (preferred) _____

User _____

_____

_____

NO-PROOF-OF-PURCHASE LIMITED WARRANTY
See label on back of unit for details, or check
http://support.ACCUSPLIT.com

Eat Right! Walk More! Live Well!
The ACCUSPLIT Lifestyle

ACCUSPLIT, Inc. • 2290M Ringwood Ave. • San Jose, CA 95131
800-965-2008 • 925-226-0888 • FAX 925-463-0147 • www.ACCUSPLIT.com • support@ACCUSPLIT.com

960-012A

Downloaded from www.Manualslib.com manuals search engine